

# LIFE VISION LIST

Visualise what you want for yourself in 2024 within these key areas of your life and create goals to help you succeed. Setting goals for ourselves allows us to create a vision of how we would like our life to be.



## RELATIONSHIP WITH MYSELF

How do I currently feel towards myself? How do I want to feel about myself in 12 months time? What can I do to become the best version of myself in 2024?

## WELLNESS

What are you currently doing to nourish your mind, body and soul?

## RELATIONSHIPS

Are the people in your life, a fountain or a drain? Do their values align with yours?

## PERSONAL LIFE

What goals are working towards? What are your current boundaries, values and habits?

## FINANCIAL

What do you envision for your financial future? How will you get there?

## CAREER

What are you currently doing for work? Do you live to work or work to live? What does working mean to you?

## LIFESTYLE

What is the thing that fills your cup for you? Do you have any hobbies you want to try?