

# OUR STORY

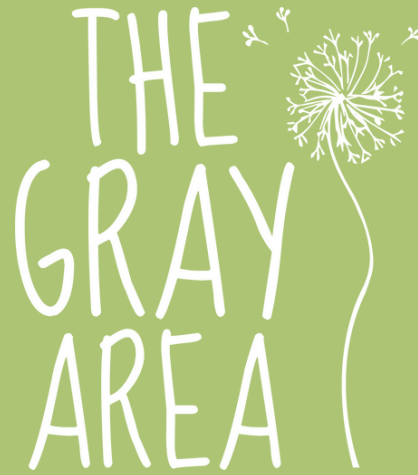
We are a psychology practice who's mission is to provide resources, support, and guidance for navigating the grey areas of health, promoting holistic healing and self-discovery. We embrace the complexities of human experience and acknowledge that not everything is black and white when it comes to our health and wellbeing.

Our goal is to create a safe and inclusive community where individuals of all ages can explore mental health with compassion and understanding.

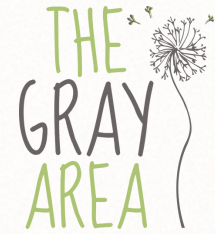
# OUR SERVICES

We empower you with tools and insights to navigate life's challenges and cultivate balance, resilience, and fulfilment. We offer services such as:

- Comprehensive Psychological Assessments
- Therapy
- Early Intervention (children aged 4-9years)



[www.thegrayarea.com.au](http://www.thegrayarea.com.au)



# EARLY

Intervention

NOW AVAILABLE



For more information on our Early Intervention service or to make a referral, please contact us:

[admin@thegrayarea.com.au](mailto:admin@thegrayarea.com.au)

21 Mitchell Street, Stockton 2295 NSW

0400 225 866



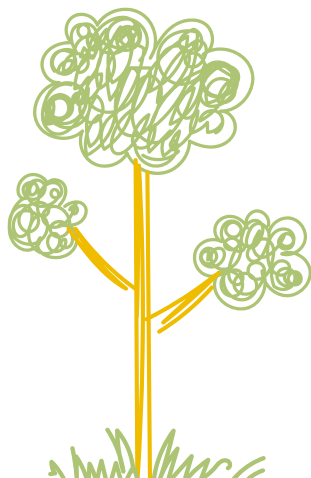
# TGA EARLY INTERVENTION SERVICE



The importance of Early Intervention is paramount to ensure sound wellbeing and functioning for children, young people, and families. As such, our team at The Gray Area places great importance on working alongside families to identify, scaffold, and support emotional, social, and behavioural needs that may stem from developmental delays or disabilities.

Our program is designed to help:

- Children on the NDIS scheme
- Children who are 3-9 years old



We recognise the value of collaboration between families, our Psychologists, and our Early Intervention Therapists in promoting positive outcomes and allowing children to excel in the following domains:

## CAPACITY BUILDING

We emphasise that parents, guardians, and caregivers play pivotal roles in the understanding of the child's needs and the challenges that they face regularly.

## INDIVIDUALISED THERAPEUTIC APPROACH

We implement a targeted therapeutic approach that is orientated around specificity, adaptability, and an effectiveness to promote positive development for the child.

## THERAPIES FOR THE CHILD

We aim to deliver our Early Intervention service in both the home and school environments, as we recognise how pivotal it is to cater to where the child may spend most of their time.

# WHAT IS EARLY INTERVENTION?



Early Intervention is a proactive approach to addressing developmental delays or cognitive disabilities in children. It is crucial for promoting sound wellbeing and functioning in individuals and families by identifying and supporting emotional, social, and behavioural needs early on.

## HOW DOES IT WORK?

Early Intervention can help establish positive pathways for learning, behaviour, and emotional and social development. Factors that influence healthy maturation include sensory inputs, activities that develop motor skills, social and emotional connections, play and exploration, and diet. Positive patterns established during childhood can lead to better long-term outcomes.

